



Specially Designed Pattern  
by **emmafassio**  
for the WorkShops by *unfilodi*  
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Winter Inlay Workshop  
January 22, 2011

**Greta Sleeves & Cowl**  
by Emma Fassio



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## Requirements

**Yarn :** **Rowan Felted Tweed**, (50% Merino, 25% Rayon, 25% Alpaca), 50 grams (1.76 ounces), 175 meters (191 yards), DK / 8 ply (11 wpi), 2 skeins main color, 1 skein contrasting color  
Or **Jamieson's Shetland Spindrift**, (100% Pure Shetland Wool), 25 grams – 105 meters, 3 skeins main color, 1 skein contrasting color

**Gauge :** 22 stitches in 10 cm= 4 inches

**Needles :** Straight needles or circular needles n. 4 mm (6 US)

**Notions :** 2-3 markers, 2 knitting bobbins, tapestry needle to weave in ends

## Abbreviations

**k**- knit; **p** – purl; **MC** – main color; **CC** – contrasting color; **pm** – place marker; **sm** - slip marker;

## Sizes

**Sleeves :** S-M – 30 cm x 8 cm  
M-L – 32 cm x 9 cm

**Cowl :** One Size

They can be easily modified by adding or not ribbing stitches.



## Instructions

Intarsia is generally worked flat and then the pieces are sewn together: depending on the sewing method you can decide to add or not a selvedge stitch.

There are some techniques that allow you to knit in the round (where you are still actually knitting with the flat technique and using joining methods). In this case you can use circular needles.

If you are knitting flat you might think about knitting the two sleeves together or one at the time.

Index for the graph: ■ MC X CC

## Sleeves S-M

Cast on 40 stitches (or 42 if you decide to have a selvedge stitch)

Rows 1- 18: (k1, p1) repeat to end

Row 19 (RS of work): (k1, p1) x 7 times, pm, k13, pm, p1, (k1, p1) x 6 times

Row 20: (k1, p1) x 6 times, k1, sm, p13, sm, (k1, p1) x 7 times

From row 21 to 60 follow the graph for the stitches between markers (remembering to switch between colors - MC and CC), while before and after the markers follow on odd rows row 19 and for even rows row 20 (the ribbing part of the sleeves).

20	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■
21	■	■	■	■	■	X	■	■	■	■	■	■	■	■	■	■
22	■	■	■	■	X	X	X	■	■	■	■	■	■	■	■	■
23	■	■	■	■	X	X	X	X	X	■	■	■	■	■	■	■
24	■	■	■	X	X	X	X	X	X	X	■	■	■	■	■	■
25	■	■	■	■	X	X	X	X	X	■	■	■	■	■	■	■
26	■	■	■	■	X	X	X	■	■	■	■	■	■	■	■	■
27	■	■	■	■	■	■	X	■	■	■	■	■	■	■	■	■
28	■	■	■	■	■	■	X	■	■	■	■	■	■	■	■	■
29	■	■	■	■	X	X	X	■	■	■	■	■	■	■	■	■
30	■	■	■	■	X	X	X	X	X	■	■	■	■	■	■	■
31	■	■	■	■	X	X	X	■	■	■	■	■	■	■	■	■
32	■	■	■	■	■	■	X	■	■	■	■	■	■	■	■	■
33	■	■	■	■	■	■	X	■	■	■	■	■	■	■	■	■
34	■	■	■	■	X	X	X	X	X	■	■	■	■	■	■	■
35	■	■	■	X	X	X	X	X	X	X	■	■	■	■	■	■
36	■	■	X	X	X	X	X	X	X	X	X	■	■	■	■	■
37	■	■	X	X	X	X	X	X	X	X	X	■	■	■	■	■
38	■	X	X	X	X	X	X	X	X	X	X	X	■	■	■	■
39	■	X	X	X	X	X	X	X	X	X	X	X	■	■	■	■
40	■	X	X	X	X	X	X	X	X	X	X	X	■	■	■	■

41	■	X	X	X	X	X	X	X	X	X	X	X	X	■	■	■
42	■	X	X	X	X	X	X	X	X	X	X	X	X	■	■	■
43	■	■	X	X	X	X	X	X	X	X	X	X	■	■	■	■
44	■	■	X	X	X	X	X	X	X	X	X	X	■	■	■	■
45	■	■	■	X	X	X	X	X	X	X	X	■	■	■	■	■
46	■	■	■	■	X	X	X	X	X	X	■	■	■	■	■	■
47	■	■	■	■	■	■	X	■	■	■	■	■	■	■	■	■
48	■	■	■	■	■	■	X	■	■	■	■	■	■	■	■	■
49	■	■	■	■	■	■	X	X	X	■	■	■	■	■	■	■
50	■	■	■	■	X	X	X	X	X	X	■	■	■	■	■	■
51	■	■	■	■	■	■	X	X	X	■	■	■	■	■	■	■
52	■	■	■	■	■	■	X	■	■	■	■	■	■	■	■	■
53	■	■	■	■	■	■	X	■	■	■	■	■	■	■	■	■
54	■	■	■	■	■	■	X	X	X	■	■	■	■	■	■	■
55	■	■	■	■	X	X	X	X	X	X	■	■	■	■	■	■
56	■	■	■	X	X	X	X	X	X	X	X	■	■	■	■	■
57	■	■	■	■	X	X	X	X	X	X	■	■	■	■	■	■
58	■	■	■	■	■	X	X	X	■	■	■	■	■	■	■	■
59	■	■	■	■	■	■	X	■	■	■	■	■	■	■	■	■
60	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■

Row 61: repeat row 19

Rows 62 – 79: repeat row 1

Row 80: bind off and sew the sleeve, weave in ends.



## Sleeves M-L

Cast on 46 stitches or 48 if you want the selvedge stitch.

Rows 1 - 20: (k1, p1) repeat to end

Row 21: (k1, p1) x 8 times, pm, k15, pm, p1, (k1, p1) x 7 times

Row 22: (k1, p1) x 7 times, k1, sm, p15, sm, (k1, p1) x 8 times

From row 23 to 62 follow the graph for the stitches between markers (remembering to switch between colors - MC and CC), while before and after the markers follow on odd rows row 21 and for even rows row 22 (the ribbing part of the sleeves).

22																			
23								X											
24							X	X	X										
25						X	X	X	X	X									
26					X	X	X	X	X	X									
27					X	X	X	X	X										
28							X	X	X										
29								X											
30									X										
31							X	X	X										
32						X	X	X	X	X									
33							X	X	X										
34								X											
35									X										
36						X	X	X	X	X									
37					X	X	X	X	X	X	X								
38				X	X	X	X	X	X	X	X								
39				X	X	X	X	X	X	X	X	X							
40			X	X	X	X	X	X	X	X	X	X	X						
41			X	X	X	X	X	X	X	X	X	X	X						
42			X	X	X	X	X	X	X	X	X	X	X						

43			X	X	X	X	X	X	X	X	X	X	X						
44			X	X	X	X	X	X	X	X	X	X	X	X					
45				X	X	X	X	X	X	X	X	X	X						
46				X	X	X	X	X	X	X	X	X	X						
47					X	X	X	X	X	X	X	X							
48						X	X	X	X	X									
49								X											
50									X										
51									X	X	X								
52							X	X	X	X	X	X							
53								X	X	X									
54									X										
55									X										
56									X	X	X								
57							X	X	X	X	X	X							
58					X	X	X	X	X	X	X	X							
59						X	X	X	X	X	X	X							
60							X	X	X										
61								X											
62																			

Row 63: repeat row 21

Rows 64 – 84: repeat row 1

Row 85: bind off and sew the sleeve, weave in ends.

## Cowl

Cast on 90 stitches, or 92 if you want the selvedge stitch.

Rows 1- 2: (k1, p1) repeat to end

Row 3: (k1, p1) x 19 times, pm, k15, pm, p1, (k1, p1) x 18 times

Row 4: (k1, p1) x 18 times, k1, sm, p15, sm, (k1, p1) x 19 times

From row 5 to 44 follow the graph for the stitches between markers (remembering to switch between colors - MC and CC), while before and after the markers follow on odd rows row 3 and for even rows row 4 (the ribbing part of the cowl).



4														
5							X							
6						X	X	X						
7					X	X	X	X	X					
8				X	X	X	X	X	X	X				
9					X	X	X	X	X					
10						X	X	X						
11							X							
12							X							
13						X	X	X						
14					X	X	X	X	X					
15						X	X	X						
16							X							
17							X							
18					X	X	X	X	X					
19				X	X	X	X	X	X	X				
20			X	X	X	X	X	X	X	X	X			
21			X	X	X	X	X	X	X	X	X			
22		X	X	X	X	X	X	X	X	X	X	X		
23		X	X	X	X	X	X	X	X	X	X	X		
24		X	X	X	X	X	X	X	X	X	X	X		
25		X	X	X	X	X	X	X	X	X	X	X		
26		X	X	X	X	X	X	X	X	X	X	X		
27			X	X	X	X	X	X	X	X	X			
28			X	X	X	X	X	X	X	X	X			
29				X	X	X	X	X	X	X				
30					X	X	X	X	X					
31							X							
32							X							
33						X	X	X						
34					X	X	X	X	X					
35						X	X	X						
36							X							
37							X							
38						X	X	X						
39					X	X	X	X	X					
40				X	X	X	X	X	X	X				
41					X	X	X	X	X					
42						X	X	X						
43							X							
44														

Row 45: repeat row 3

Rows 46 – 47: repeat row 1

Row 48: bind off and sew the cowl, weave in ends.